



I MONTH

BODY COMPOSITION ANALYSIS

Including measurement & observation
Height, Weight, BMI, Calories requirement,
Visceral fat, Subcutaneous fat, Skeletal
muscle mass, Biological Age,
Waist hip, Circumference ratio,
Body contour analysis

BODY VITALS

Blood pressure, Respiratory Rate,
Pulse oxymetry - O₂ Saturation,
ECG Monitoring

ORAL EXAMINATION WITH CYTOLOGICAL ANALYSIS

Blood Group based diet charting

Health & lifestyle recordings

-Understanding you-

Evaluation by our medical team

Medical history & Lifestyle Questioner

Life Style Assessment:-

- ✓ Diet
- ✓ Physically activity
- ✓ Addiction analysis
- ✓ Cardiovascular disease risk score
- ✓ Diabetes risk score

Healthy Mind:-

- ✓ General mental Health & Stress
assessment

EVALUATION / RECOMMENDATION / CONSULTATION BY :

- ✓ Physician
- ✓ Dietician

Time Required: 30 minutes
Venue : At your
place



II MONTH

BLOOD SUGAR (FASTING & RANDOM)

HbA1C
Average Plasma Glucose

CBC (COMPLETE BLOOD COUNT)

TLC, DLC (Differential Lymphocyte count), Haemoglobin, Platelets, RBC, PCV, MCH, MCV, MCHC, MPV, RDW, Reticulocyte count

PERIPHERAL BLOOD FILM (PBF)

Includes pictures & Video of your whole blood

LIVER FUNCTION TEST

Prothrombin Time (PT),
S.G.O.T, S.G.P.T.,
Bilirubin(Direct, Indirect & Total)
Total Protein, Albumin, Globulin, A/G Ratio

GALL BLADDER

Gall Bladder
Alkaline phosphatase
GGT (Gamma glutamyl Transferase)

LIPID PROFILE

Cholesterol, Triglycerides, L.D.L Cholesterol
H.D.L. Cholesterol, V.L.D.L. Cholesterol
L.D.L / H.D.L. Ratio
Cholesterol / H.D.L. Cholesterol / L.D.L. Ratio

PANCREAS FUNCTION TEST

Amylase
Lipase

RENAL FUNCTION TEST

Urea, Creatinine
Sodium, Potassium, Chloride
Ionic Calcium, BUN, Uric Acid,
BUN / Creatinine Ratio
Urea / Creatinine Ratio

Allergy Assessment

IgE (Immunoglobulin E)
TEC (Total eosinophil count)
VEC (Vacuolated Eosinophil count)

AUTOIMMUNE ASSESSMENT

ANA (Anti Nuclear antibody) by IFA

Time Required: 02 minutes
Venue : At your place



III MONTH

WELLNESS EVENT / HEALTH TALK SHOW

- ✓ Super specialist Doctor
- ✓ National / International reputed health / Life coach

Time Required: 60 minutes
Venue : At Auditorium /
Facebook live



IV MONTH

EXTENSIVE PULMOLOGY (LUNG) - CARDIAC (HEART) (Brain) Mental Health ASSESSMENT

LUNG

Chest X-Ray
Pulmonary function Test
Sputum For Cytology
Sputum for AFB

CARDIOVASCULAR DYNAMIC STUDY

E.C.G.
ECHO Cardiography / TMT (tread mill test)
B.P. monitoring
Renal artery/ arterial / venous Doppler

Brain- Mental Health Assessment

Magnetic Resonance Imaging (MRI) Brain Screening
Electro encephalography (E.E.G.)
Mental Health Assessment
Stress, Emotion, Mood disorder management
Evaluation of ageing & Age management

EVALUATION / RECOMMENDATION / CONSULTATION BY :

- ✓ Pulmologist
- ✓ Cardiologist
- ✓ Psychiatrist
- ✓ Neurologist
- ✓ Radiologist

Time Required: 45 minutes
Venue: At Centre (First visit)



V MONTH

WELLNESS EVENT / HEALTH TALK SHOW

- ✓ Super specialist Doctor
- ✓ National / International reputed health / Life coach

Time Required: 60 minutes
Venue : At Auditorium /
Facebook live



VI MONTH

BLOOD SUGAR

HbA1C

THYROID PROFILE

T3, T4, TSH (3rd Generation)

INFLAMMATION MARKERS

(Acute Phase Reactants)

ASLO (Anti-streptolysin O)

C.R.P (C-reactive protein)

R.A. Factor (Rheumatoid arthritis)

ESR (Erythrocyte Sedimentation Rate)

L.D.H. (Lactate Dehydrogenase)

INFECTIOUS DISEASE SCREENING

HbsAg (Hepatitis B)

Anti HCV (Hepatitis C)

V.D.R.L. (Syphilis)

Typhi DOT (Salmonella typhi carrier)

Nutritional Status

Vitamin B12

Vitamin D

Serum Iron

Serum TIBC

Calcium

Phosphorus

Magnesium

CARDIAC RISK MARKERS

Lipoprotein (A)

Apolipoprotein A1

Apolipoprotein B

APO A : APO B ratio

Creatinine phosphokinase

Homocysteine

CANCER SCREENING BLOOD MARKER

CEA (Carcino embryonic antigen)

CA - 125

CA-19.9

AFP (Alfa feta protein)

Beta HCG (Human chorionic gonadotropin)

P.S.A. (Prostatic Specific Antigen)

Time Required: 02 minutes
Venue : At your place



Drs. SR

PRIME DIAGNOSTIC CLINIC

VII MONTH

USG SCAN

Upper Abdomen

Screening of Liver, Pancreas, Gall Bladder

Lower Abdomen

Screening of Kidney, Bladder, Prostate / Uterus
& adnexa

STROKE RISK SCREENING

Carotid artery Doppler

NECK

Palpation

Neck USG Screening

URINE EXAMINATION

Physical

Chemical

Microscopic

THYROID MORPHOLOGICAL ASSESSMENT

Thyroid USG Screening

NASAL & SINUS MORPHOLOGICAL ASSESSMENT

DNS / PNS Radiological evaluation

COLONOSCOPY

EVALUATION / RECOMMENDATION /
CONSULTATION BY :

- ✓ Endocrinologist
- ✓ Gastroenterologist
- ✓ ENT (Otolaryngologist)

Time Required: 45 minutes
Venue: At Centre (Second visit)

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VIII MONTH

WELLNESS EVENT / HEALTH TALK SHOW

- ✓ Super specialist Doctor
- ✓ National / International reputed health / Life coach

Time Required: 60 minutes
Venue : At Auditorium /
Facebook live



IX MONTH

CANCER SCREENING :

Radiologist /Pathologist /Oncologist -Triple
Screening done by these three doctors
simultaneously to detect any cancer in body

BOWEL HEALTH

Stool Examination
Faecal Occult Blood

ORTHO SCREENING OF BONE / JOINT

Cervical / Knee / L.A. Spine (Radiological
evaluation)

SKIN EXAMINATION

For detection of
Skin disease & precancerous / Cancer lesion

EYE CHECK

B Scan (Both Eyes)
Vision Test, Astigmatism, Dry EYE,
Accommodation, Color Arrangement,

EVALUATION / RECOMMENDATION / CONSULTATION BY:

- ✓ Ophthalmologist
- ✓ Dermatologist
- ✓ Orthopaedician
- ✓ Oncologist
- ✓ Pathologist
- ✓ Radiologist

Time Required: 30 minutes
Venue: At Centre (Third visit)



X MONTH

Follow up blood tests / Cardiological /radiological / Cancers screening results for any out of range / sub optional results done thought the year.

As per the discretion of our Medical assessment team.

Time Required: 02 minutes
Venue : At your place



XI MONTH

MALE GENITAL MONTH

Pelvis USG
Semen analysis
Testicular examination
Testosterone
Dehydroepiandrosterone (DHEAS)

FEMALE GENITAL MONTH

Breast USG
Pelvis / Transvaginal USG
PAP Smear (for cervix cancer screening)
Self Examination Breast cancer screening
Dehydroepiandrosterone (DHEAS)

DENTAL HEALTH ASSESSMENT

PERSONAL GENOME ANALYSIS GUIDANCE

EVALUATION / RECOMMENDATION /
CONSULTATION BY:

- ✓ Gynaecologist
- ✓ Urologist
- ✓ Surgeon
- ✓ Dentist
- ✓ Sexologist

Time Required: 45 minutes
Venue: At Centre (Fourth visit)



Drs. SR

PRIME DIAGNOSTIC CLINIC

XII MONTH

- ✓ CLIENT – DOCTOR’S MEETING
- ✓ DETAIL REPORTING AND FINAL REVIEW OF YEAR ROUND HEALTH WITH COMPARISON RECORD AND DISCUSSION OF UP & DOWN OF HEALTH PROFILE INDICATORS THROUGHOUT THE YEAR.
- ✓ ONE TO ONE DISCUSSION
- ✓ GRADE OF EACH ORGANS
- ✓ PRESENT HEALTH CHECK SUMMARY
- ✓ PRESENT HEALTH RISK
- ✓ FUTURE HEALTH RISK
- ✓ DIETARY ADVISE
- ✓ RESULTS OF ALL YEAR TESTS CONSULTATION AND IMAGES WILL BE REVIEWED OF OUR PANEL.
- ✓ THE PURPOSE OF THIS MEETING IS TO “PULL TOGETHER ALL THE RESULTS INTO COMPREHENSIVE HEALTH ASSESSMENT.
- ✓ ALL RESULTS WILL BE SUMMED FOR COMPREHENSIVE LOOK IN BOUND COPY.
- ✓ RECOMMENDATION AS WELL AS COMPARATIVE ANALYSIS OF ALL YOUR HEALTH PARAMETERS.
- ✓ PROBLEM RAISER AND SOLUTION PROVIDER.

Other Advantages

- ❖ Free second opinions (Local / National / International References)
- ❖ Two times in a year blood sampling in comfort of your home.
- ❖ Four centre visit; Which can be customized in a single visit also.
- ❖ Free Guided FNAC / Biopsy / Bone marrow study costing more than Rs. 10,000/- if required in your year of enrolment.
- ❖ Free healthy balanced breakfast included in our health talk show / wellness event.
- ❖ All other pathological / radiological investigations at 20-40% discount as compare to market price with free home collection of sample.
- ❖ Free everyday health guidance through Whatsapp group app.
- ❖ Discounted personnel genomic analysis
- ❖ Free consultation / Talk show / facebook live by specialist & super specialist Doctors / Health life coaches show which may includes cardiologist, Psychiatrist, Dermatologist, Ophthalmologist, Orthopaedicion, radiologist, Neurologist, dental, Yoga Therapist, Homeopathic, Ayurvedic, Dietician, Physiotherapist etc.
- ❖ Free Nutrition deficiency first dose free.
- ❖ References provided to get 20-30% discount on your drugs
- ❖ Invited to take part in our local resort trip with our doctor's family and take part in health CME at discounted price
- ❖ **ONE CAN AVAIL ALL THESE SERVICES IN A SINGLE DAY IF REQUIRED SO.**